Places to Visit	Physical Changes	Skills to Learn	Things to Own
(i.e. Hungary, the Rodin Museum, New Eng-	(i.e. 17% body fat, size 32 waist, braces, LA-	(i.e. finish a quilt, complete Wine 101, ski an	(i.e. a convertible, a rental home, a first-
land in autumn, Akibahara)	SIK, get your tubes tied, rhinoplasty)	expert slope, parallel park a manual car)	edition book, a diamond necklace)
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Financial Milestones	New Things to Learn	Risks to Take	Business
(i.e. pay off a specific credit card, start a col-	(i.e. string theory, Calculus IV, 200-level	(i.e. skydive, quit your job, confess a crush,	(i.e. get a promotion, start a company, double
lege fund for your niece, save \$10,000)	German, name of every human bone, C++)	gamble in Vegas, go on a random road trip)	earnings, signup 500 new clients)
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Content to Consume	Things to Create	Relationships	Pieces of Paper
(i.e. everything by Albert Camus, all Matt	(i.e. publish an article, paint a portrait, make	(i.e. get married, read to your baby nightly,	(i.e. Master's degree, join MENSA, apply for
Damon films, 30 new kinds of tea)	a demo tape, launch a blog, write 50 poems)	have lunch with spouse twice a month)	CCW, get CPR certification)
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